

Discover The Ancient Secrets of Reiki Healing in this Amazing Book !! This Beginner Guide Includes a Detailed Step by Step Method to Understand and Effectively Practice Reiki Welcome to the amazing world of Reiki! As many of you know from some of my other books, this has been a passion of mine for many years. I'm blessed to have had incredible teacher's that have guided me in my practice, and I'm thrilled that you will allow me to help you learn this beautiful philosophy and way of life. The final objective is to achieve better health, a calmer mind and a more peaceful spirit. Early on in my life, I became fascinated by Reiki. The idea that there was a way to harness the fundamental power of the universe intrigued me, and using it to heal others; in body, mind and spirit. Reiki is divided into different levels. The first Reiki level can be taught in the course of a weekend but takes years of patient study and practice to become a Reiki Master Teacher. The body of knowledge around this subject is so extensive that I have tried to compress hundreds of lessons and teachings into this easy to read book. From the Reiki Symbolism & the Three Pillars, to a detailed description of the different Reiki Techniques, this book will kick-start your knowledge and practice of Reiki. Reiki will change your life. By learning it, you will also have the tools to change the lives of others, and theres nothing more beautiful than compassionate love and healing. Here is a preview of what you will learn... How Reiki can fundamentally improve your healthWhat the philosophy entails, from the "Three Pillars of Reiki", to its fascinating symbolism A detailed step by step guide for beginner's to each meditation alternative10 ideas around Reiki massage for beginners and experts!How to choose the right Reiki technique for you! Download your copy today!

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