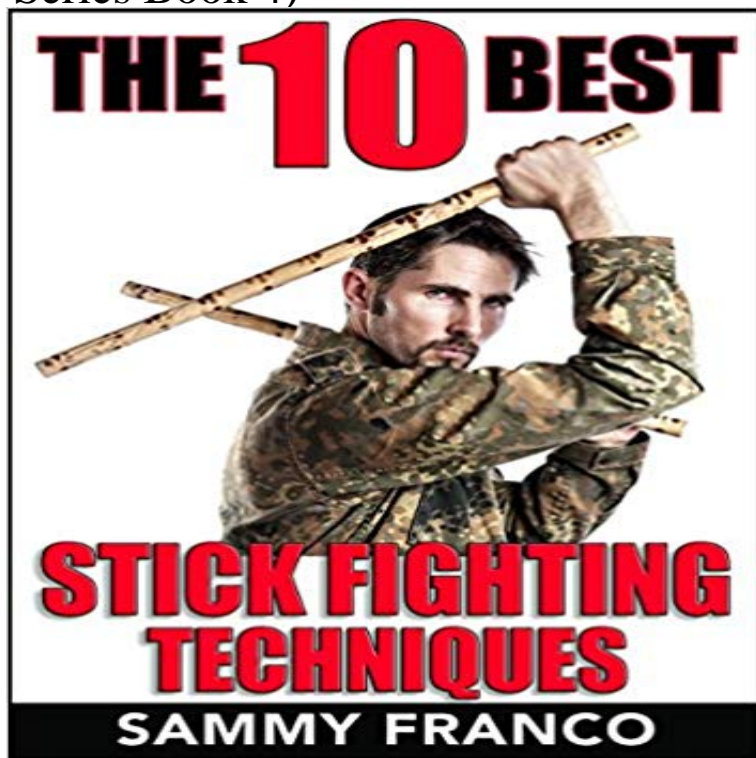


The 10 Best Stick Fighting Techniques: A Practical Approach to Using the Kali Stick, Police Baton, or Nightstick for Self-Defense (The 10 Best Series Book 4)



Devastating Stick Fighting Techniques The 10 Best Stick Fighting Techniques is the fourth installment in Sammy Franco's 10 Best Book Series. This unique book offers you the most practical and useful methods for using a combat stick for real-world self-defense. Ideal for all types of combat sticks, The 10 Best Stick Fighting Techniques is an excellent source for learning how to use some of the following weapons: Kali and Escrima stick, police baton, collapsible steel

baton, nightstick, side-hand baton. Over 30 years of combat experience, The 10 Best Stick Fighting Techniques is based on world-renowned martial arts expert, Sammy Franco's 30+ years of research, training, and teaching reality-based self-defense. Mr. Franco has taught these unique stick fighting techniques to thousands of his students, including law enforcement agents, military personnel, and civilians, and he's confident they will help you in a desperate time of need. No previous training necessary. Regardless of your training background or level of experience, the stick fighting techniques and strategies featured in this book are straightforward and will work seamlessly with your current martial arts, self-defense, or survival program. If you're a student of the Filipino Martial Arts (FMA) or just a recreational enthusiast, you'll also find The 10 Best Stick Fighting Techniques a welcome addition to your library. Best of all, you don't need any previous training to master these devastating stick fighting techniques. Beginner or advanced, student or instructor. Whether you are a beginner or advanced practitioner, student or instructor, The 10 Best Stick Fighting Techniques teaches powerful street-oriented techniques and proven fighting methods to get you home alive and in one piece.

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