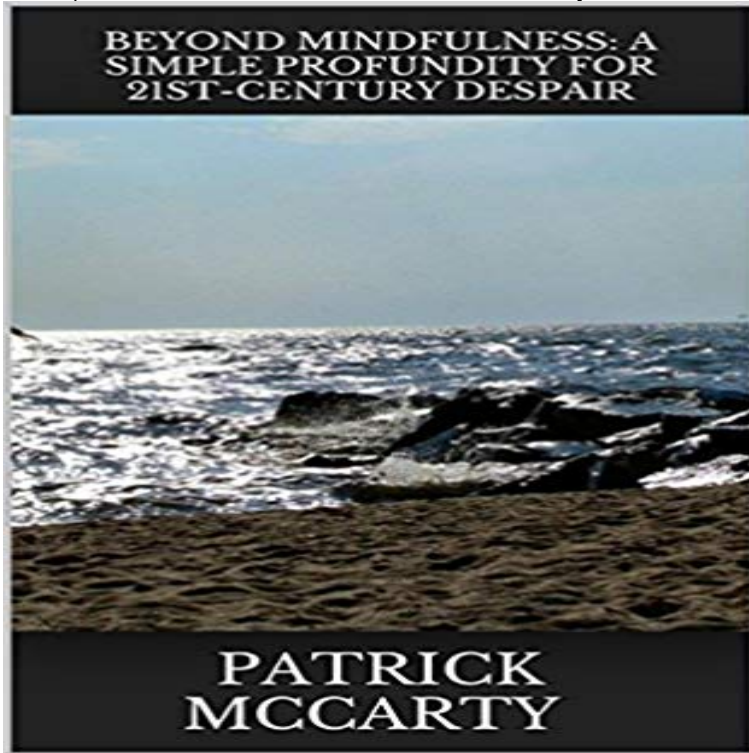


Beyond Mindfulness: A Simple Profundity for 21st-Century Despair



Excellent. Wonderful Book! --Corky Ballas (father of Mark Ballas, Derek and Julianne Hough) of Dancing with the Stars This is not your ordinary self-help book. It combines anecdotes we will all recognize from everyday life, with deep philosophical questions, scientific quandaries, and business examples ranging from Ford to McDonalds to JP MorganChase. Authors McCarty and Rhymes have issued a heartfelt call for passion, purpose, and ethics in both the business and personal worlds. --Fran Hawthorne, Former Editor for Fortune and BusinessWeek Patrick is without doubt an extraordinary talent. --Dr. David Ingram, Loyola University I find [McCarty's] perspective on issues refreshing and without parallel. --C. Payne Lucas, Chair of Democratic Party of South Carolina McCarty has a gift for explanation, even of the most difficult of subjects. --Dr. Adriaan Peperzak, Stanford University [McCarty] teaches students how to learn while teaching them the subject. --Dr. Hent de Vries, Johns Hopkins University As celebrated economist Jeffrey D. Sacks has argued, there will be no return to prosperity in the absence of mindfulness, citizens who acquire the self-awareness to live as they ought. Patrick McCarty--award-winning author, 25-year university professor and radio personality--provides the means for the cultivation of mindfulness, a roadmap to joyous living, new horizons of possibility and financial prosperity. This is not your average self-help book. McCarty permits the reader to listen in on his conversations with a McDonalds CEO, an editor of Psychology Today, a writer for Fortune magazine, and other pioneers in contemporary thought. This book is a tour de force of erudition and psychological insight, all in the context of present-day globalization and techno-capitalism. This is a book to savor, to keep on hand always. It is a transformative reading experience,

superbly written. Patrick McCarty: <https://univ-paris1.academia.edu/PatrickMcCarty> McCarty is the author of Deconstructing Western Thought Heidegger & Aristotle on Time Death, Religion and the Experience of the Sacred Stones, Bones & Civilization: The Story of Home Sapiens Sapiens Hegel: The Phenomenology of Spirit, Line by Line Martin Heidegger: An Essay on the Indispensable Thinker Jacques Derrida on Psychoanalysis Derrida and Foucault on the History of Madness and many more titles Patrick McCarty: <https://univ-paris1.academia.edu/PatrickMcCarty> Audio Recordings: Globalization: From Milton Friedman to Jeffrey Sachs, A Raw Deal The Nietzsche Debate: Walter Kaufmann, Paul de Man, Jacques Derrida, Stanley Corngold and Patrick McCarty The Narcissism Epidemic with Dr. W. Keith Campbell The Day They Killed Martin Luther King and the Night James Brown Saved Boston The Happiness of Nations: Gross National Happiness Kafkas The Trial with Dr. Stanley Corngold, Princeton Sex Unlimited with Sexologist Charley Ferrer Sudan: Historys Slaughter Bench Bruce Springsteen, E-Street & Tragedy at the Upstage Club (1969-1971) No Ordinary Recession (2007-2015) The Psychology of Friendship: What Attracts Us to Each Other Lionel Trilling, Paul de Man, Jacques Derrida as Remembered by a Great American Scholar, Stanley Corngold of Princeton The Cognitive Superiority of the Many Over the Few: The Empirical Case for Democracy Reclaiming the Promise of America: A Panel Discussion Dancing with the Stars: Behind the Scenes with Corky Ballas The Story of a Child Raised by Fugitives in a Ghost Town The Bronte Sisters Wuthering Heights, Yesterday and Today: A Voice Yet Rings in the Moors Revolutionary Change in America Today: All-Star Panel Discussion The Wisdom of the Crowd: The Epistemic Case for Democracy Crisis Capitalism: The System That Runs on Destruction 1933, The Darkest Year & FDR Alternatives for Institutional Renewal in

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