

An exciting selection of recipes from around the European continent, now transferred to Kindle and featuring main courses and desserts. Europe's wide range of climates ensures that it produces a vast range of fruit and vegetables, leading to an inexhaustible range of recipes from all corners of the continent. These come from tiny countries the size of a large town to the vast expanses of Russia and from countries which sizzle in the heat to those which shiver in the cold for much of the year. While many European dishes have become staple parts of the worldwide diet, the vast majority wait to be discovered. This book is the first step in that process and provides the gateway to the European food odyssey. In this book, I have selected recipes from 22 different countries, although that number contains a bit of a contradiction. Perhaps it should be more because I have grouped together a bunch of East-European recipes under the heading Jewish, as these travelled widely with the Jewish populations of these areas. But then, then again, perhaps it should be less as I have included recipes from the British Isles under the headings, England, Scotland and Wales. Whatever, there's still 108 recipes, as it says on the can. Some recipes are listed in more detail than others where it is felt that more guidance is called for. All the recipes are listed by country, enabling you to pick out your menu easily in order to provide yourself and your guests with their gastronomic experience of a lifetime. All the recipes are given in Imperial and metric quantities and have been tried and tested over many, many years.

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