

Success is about finding happiness in the life you have, setting realistic goals for yourself and feeling content within yourself that you have done your best to achieve those goals. Success is also about persistence, taking risks and living by your own standards, instead of the standards of others. Upon reading this book, the reader will have all the information needed to begin his/her journey to becoming a better person on a spiritual, mental and physical level. If self-esteem issues have plagued you, this book will guide you to becoming a better version of yourself, not a replica of anyone else or anyone else's perception of a perfect person. In this book, the author covers topics such as the importance of setting goals, being focused, having confidence, being committed, staying motivated, finding inspiration, and so much more. Purchase this book today to get the information you need to start your journey to success.

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