Eating Hudson Valley fruits and vegetables can delight your taste buds, help keep you healthy and support the beautiful local farms that feed us. Inside this unpretentious book is a collection of over 100 delectable, easy-to-make, field-tested recipes for locally grown produce the year round. The Stick to Local Farms Cookbook is artfully designed to be used—recipes are organized in seasonal, color-coded sections, the typeface is readable, and recipe titles are on outside page edges to make them easy to find, with plenty of room for notes. The book is paperback, 9 ? x 7?, perfect bound, 74 pages, full-color and illustrated with vintage drawings. Five percent of the profits are donated to the Rondout Valley Growers, a local nonprofit that helps keep farming strong.

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2 tablespoons the recipe to a chef at the Waldorf Hotel in New York as a hangover cure. **MEDIA KITS** — Stick to Local Farms local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, vegetables, recipes April Flowers, 2211 Hurley Mountain Rd., Kingston, NY 12401. Rainy Day — Stick to Local Farms local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, vegetables, recipes, farms, farmers, farm-to-table, sustainable, healthy, easy, best, **Stick to Local Farms home** Explore Hudson Valley Farms with Stick to Local Farms Sticker Adventure Mini-Golf at Kelders Farm and the Stick to Local Farms Cookbook by The wide variety of participating farms will make for some exciting new experiences, with SallyeAnder to Host Grand Opening Party for Store in Beacon, NY. America--Farm to Table: Simple, Delicious Recipes Celebrating I prefer local ingredients if available because local farmers produce the best food. But he does credit his time in New York and Florence for providing a good base for what he My suppliers are planning on my order and I stick with them. **BLOG** — **Stick to Local Farms** Eating locally grown New York State fruit and vegetables can delight your taste buds, help keep you healthy and support the beautiful local farms that feed us. Culinary Tours — Stick to Local Farms local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, vegetables, recipes, farms, farmers, farm-to-table, Maria lives in Accord, New York. Farm Party! Join us to launch Stick to Local Farms 2017 Pure Enjoy tastes from the Stick to Local Farms Cookbook, made from the bounty Hollengold Farm, 222 Lower Whitfield Road, Accord, NY 12404. For immediate release: Stick to Local Farms Cookbook Debuts at the local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, April Flowers, 2211 Hurley Mountain Rd., Kingston, NY 12401 (if your kid likes COOKBOOK — Stick to Local Farms local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, vegetables, recipes, farms, farmers, farm-to-table, sustainable, healthy, easy, best, WHOLESALE — Stick to Local Farms local food, locally grown, cookbook, hudson valley, delicious, yummy, fruits, vegetables, recipes, farms, farmers, farm-to-table, sustainable, healthy, easy, best, Stick to Local Foods Cookbook - Stick to Local Farms If you collect 10 stickers well send you the new Stick to Local Farms Cookbook and 4 passes to play Homegrown Mini-Golf at Kelders Farm (a 25.00 value)! America--Farm to Table: Simple, Delicious Recipes Celebrating Local Farmers New York, San Francisco Portland, Maine Chicago Cleveland Suttons Bay,

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