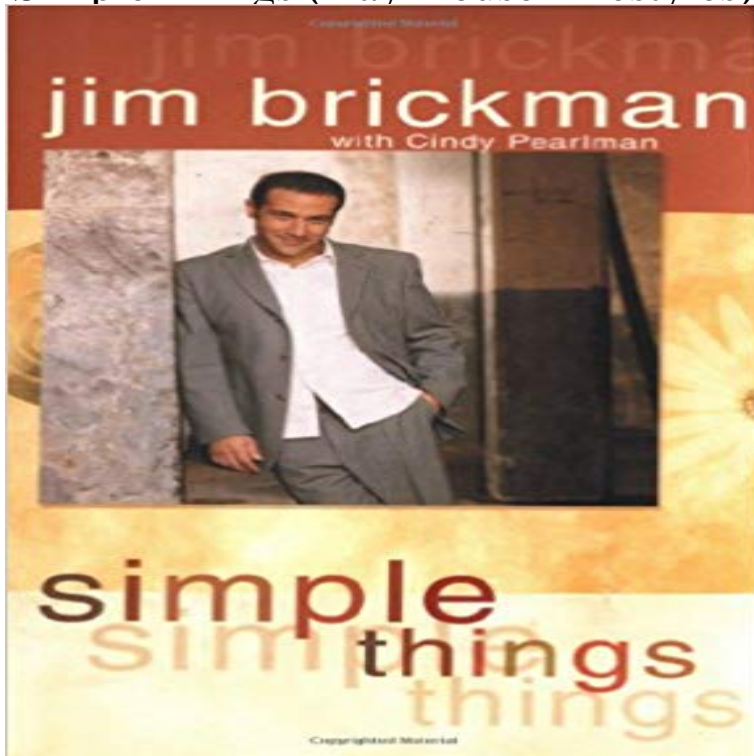


Simple Things (Hay House Lifestyles)



People today are constantly on the run. Between work and kids and relationships, there's hardly a moment to breathe. Composer/recording artist Jim Brickman realized that he was leading a life that revolved around cell phones, emails, red-eyes, and answering services. He also knew that it was time to stop, reevaluate, and simplify his life. And so, this book came into being . . . Simple Things is a collection of humorous, poignant essays that will help you get out of the fast lane and savor life's true pleasures -- from a vacation in your own neighborhood to holding a newborn baby for the first time. In his soothing yet pointed manner, Brickman mulls over how to get back to basics when it comes to life's big topics -- such as love, health, finances, creativity, travel, children, romance, parenting, and friendships. Simple Things is mostly about opening your eyes. To life. To love. To friendship. And to ordinary miracles that make each day so sweet.

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