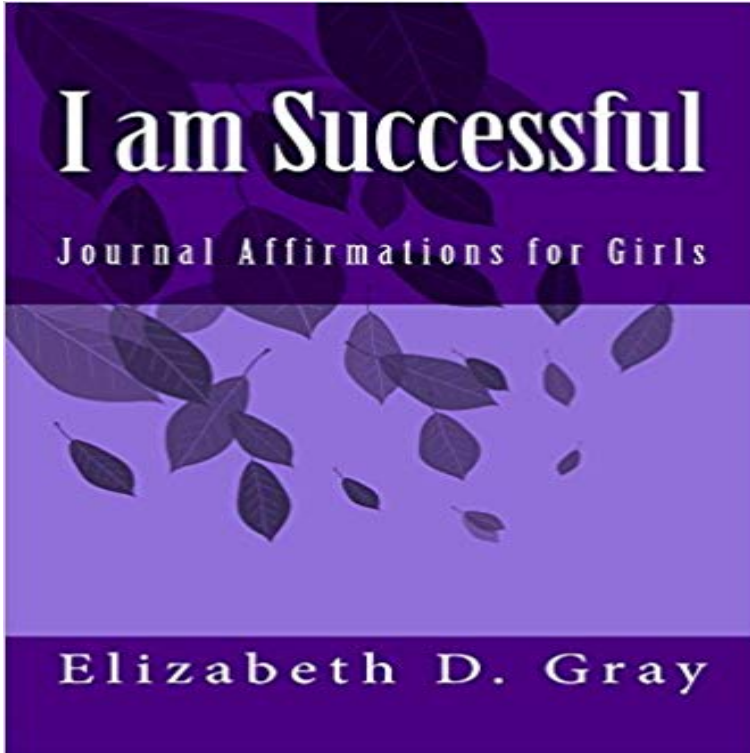


I am Successful: Journal Affirmations for Girls



An affirmation on its own is a powerful thing. However, flexing the muscle of an affirmation with the conscious expression of your own words, thoughts and experiences is a transformative thing. Use this affirmational journal to not only absorb the powerful messages in each affirmation, but to accentuate them tenfold by the expressions of your own creation.

Excellent as a journal for one girl or as a tool to use in a group setting for writing and discussion. Each entry covers a different topic and then allows space for the reader to do their own writing. Topics are particularly relevant today. Doesnt talk down or issue simple edicts, such as love yourself, but takes a different approach, which respects intelligence and individuality. There is an emphasis on empowerment, self-esteem and personal accountability. Gifted With Grit We hear the term gifted And we equate it with guaranteed success Because the gifted individual Has the advantage Of some special intelligence Theyre ahead of the game But I am among the luckiest of girls For I am gifted with grit I am gifted with the resolve To never give up No matter how long it takes me To get where I want to go I am gifted with tenacity When you tell me I am not capable Youll witness me prove you wrong I am gifted with courage to forge ahead Even when I am certain to fail Several times before I succeed The gift of grit is perhaps more powerful Than any other gifted advantage And why is that so? Because a person with grit Makes up for any weakness By the sheer resolve of will And a person who refuses to give up Though challenged in the most monumental ways Can overcome any obstacle I refuse to be limited by any label That describes me as anything but gifted Because I most certainly am gifted Gifted with grit Please see our other titles: Nonfiction: I am Beautiful: Journal Affirmations for Girls I am Enough:

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Becoming Me: Journal Affirmations for Girls Vol 1
Becoming Me: Journal Affirmations for Girls Vol 2
From this Day Forward: Journal Affirmations for the Bride to Be
Affirmation Poetry for Expectant Mothers
Affirmation Poetry for Health and Healing
Affirmation Poetry for Wealth and Abundance
Here and Now: Finding God in the Everyday
In the Shadows: Finding God on our Darkest Days
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