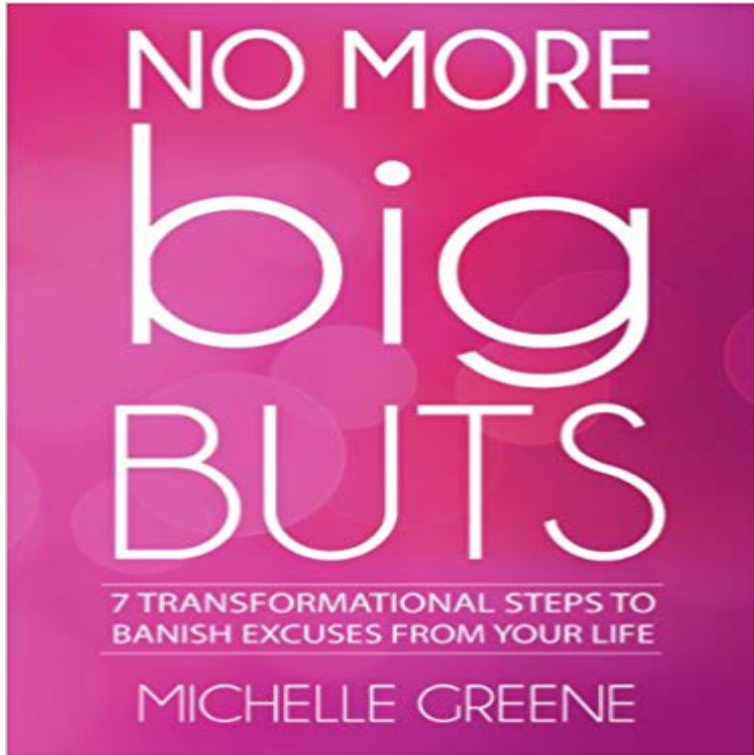


No More Big Buts, 7 Transformational Steps to Banish Excuses From Your Life



Are you starting to feel that your best years are behind you? Many people, especially women continue to use excuses as a way to justify why they cant live life on their terms. Discover what you can do to create your lifestyle makeover and banish excuses and other big butts from your life. No More Big Buts is a wonderful resource to help you gain clarity to banish your excuses. As we all start to get older, we may begin to feel that the best times of our life are behind us. If you commit to following these simple, but powerful 7 steps in this book, youll gain clarity and insight on how to design your life from the inside out with suggestions and strategies so you can live your ideal life now.

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