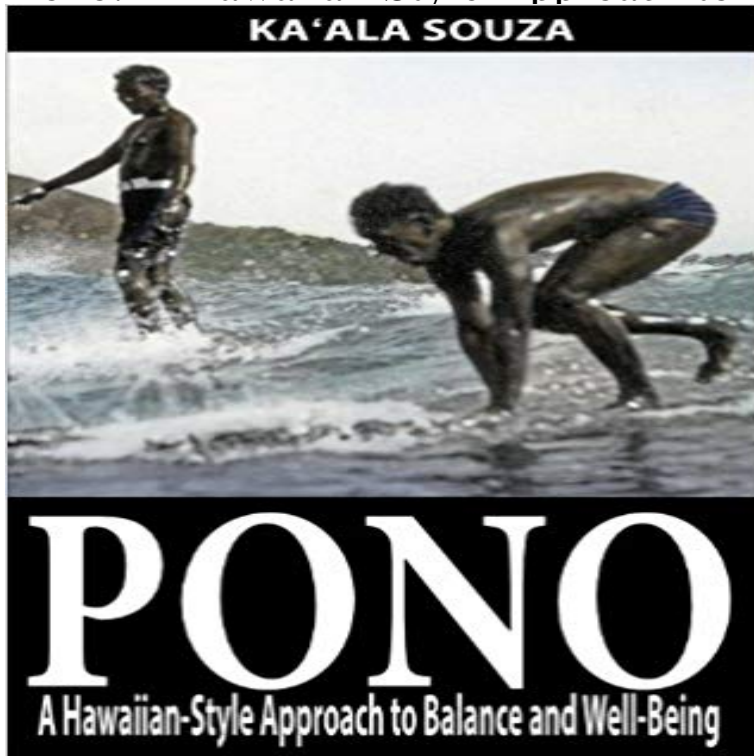


Pono: A Hawaiian-Style Approach to Balance and Well-Being



Make an investment in YOU. This book, Pono: A Hawaiian-Style Approach to Balance and Well-Being, is about helping you make sure that you're investing in the right things. Pono is a Hawaiian word that means rightness, correctness, alignment, righteousness, goodness, excellence and well-being. This book is about aligning your identity, direction and energy so there's a Sense of Place, Purpose and Power. When all three are in agreement you are Pono. When you are Pono you are living in completeness and balance. Pono is a unique approach, a Hawaiian-style approach. Here in Hawaii we think about and do life differently. The numbers don't lie. Look at the consistently high scores on Gallups national Happiness and Well-being survey. For three consecutive years Hawaii has been in the #1 spot on that survey and with good reason. Every once in a while you come across a concept that is like a shot of adrenaline to your life. We believe living Pono is such a concept. This we promise: read this book, do what it talks about, and your life will never be the same.

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