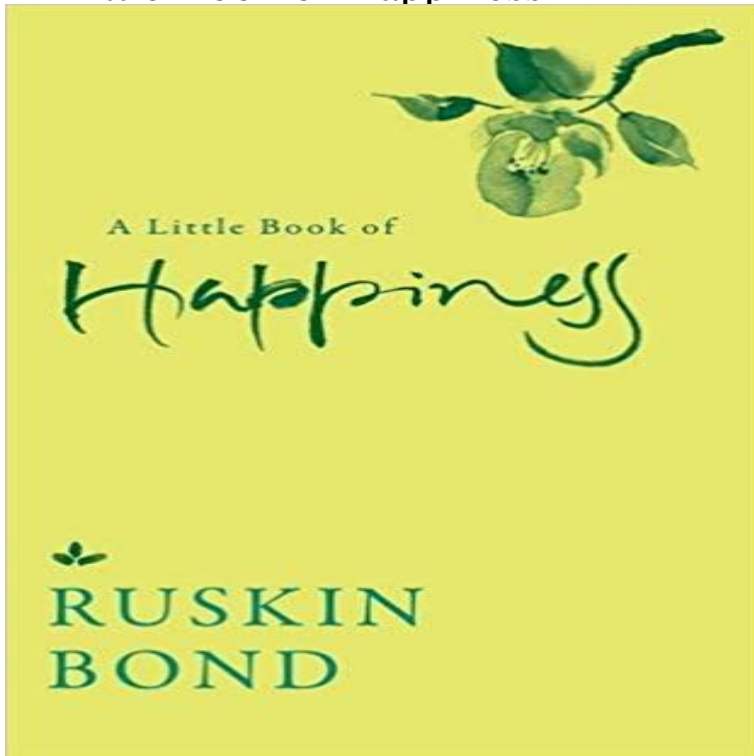


A Little Book of Happiness



Why be happy and how, and why not to worry if you think you are not. Why it is easy to be happy, and how you can miss happiness even if it stands before you. How a bird can fill you with joy and how a strangers smile can soothe you. Why happiness may not even be the word for what we really need. Indias beloved sage and writer brings together his own pithy observations and those by artists and thinkers he admires in this beautiful little anthology. A Little Book of Happiness is a miscellany for all seasons, one to cherish and to share.

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