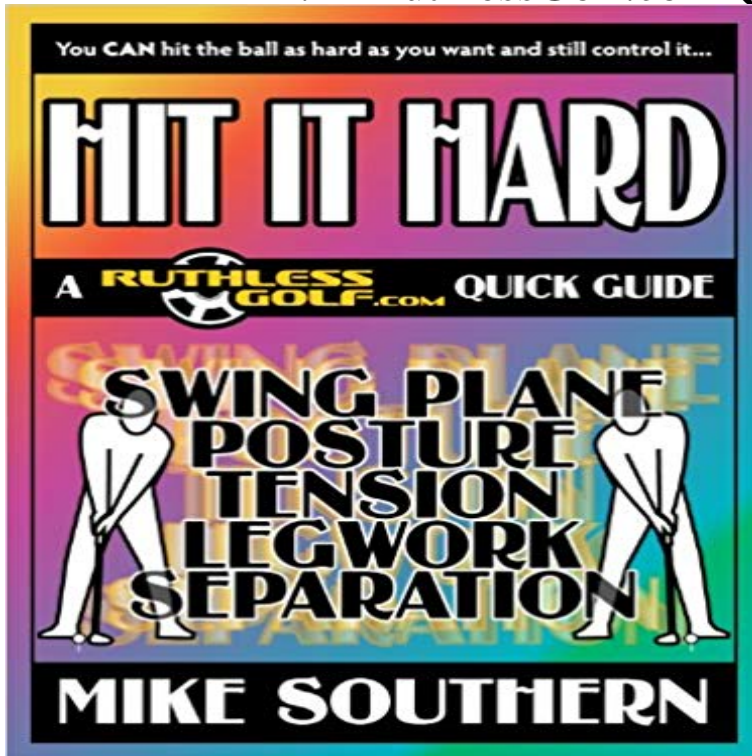


HIT IT HARD: A RuthlessGolf.com Quick Guide



Its true that players often sacrifice power for accuracy. Its also true that power players are often inaccurate. But it doesnt have to be that way. The series of drills youll learn in HIT IT HARD will take you from the basic swing motions necessary for any fundamentally sound swing to a full-blown, grit-your-teeth, bust-that-ball power swing! In this Quick Guide youll learn: ** How swinging hard affects the mechanics of your swing ** How to use connection to keep your hands in front of you ** Some simple checkpoints to keep your swing on plane ** Why your lower body always starts your downswing and how to move your lower body properly and powerfully ** How to start your downswing correctly every time ** How to create upper and lower body separation ** How to stop excess tension from wrecking your swing ** And much, much more! So why settle for a swing thats either powerful or accurate when you can have both? Learn how to swing freely -- no matter how hard you want to swing -- and just HIT IT HARD! Contains diagrams for both right- and left-handed players.

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