

Have you ever felt invisible? Taken advantage of? Reluctant (or unable) to articulate what you really want? If so, join the club. The nice girls club. Nice girls-thats right, girls-are those who are more concerned with pleasing others than with addressing their own needs and who havent yet learned how to overcome the childhood messages and cultural stereotypes that are keeping them from getting their voices heard, their needs met, and the lives they want. This book will turn those nice girls into winning women. That is, women who factor their own needs in with those of others, confront those who treat them disrespectfully, maintain healthy and mutually beneficial relationships with appropriate boundaries-and, as a result, are happier and more successful in every area of their lives. In 2004, Lois Frankel blew the lid off so many of our long-held ideas about gender and success with her bestselling *Nice Girls Dont Get the Corner Office*, which went on to become such a huge phenomenon, the term nice girls has secured a place in our cultural lexicon. Here, Frankel teams up with negotiation expert Carol Frohlinger to bring this bestselling advice out of the workplace and to provide a broader set of skills that any woman-whether a CEO or stay-at-home mom-can use to win anywhere, with anyone. Presented in the straightforward, digestible format that helped make *Nice Girls Dont Get the Corner Office* an instant hit, Frankel and Frohlinger outline seven practical strategies and ninety-nine supporting tactics that every winning woman should know. By the time youve finished digesting this book, youll be able to: -Get your husband to do his half of the household chores-without being made to feel like a nag (or any other unflattering term typically used to describe an assertive woman) -Stop overextending yourself by taking on all the unpleasant tasks no one on your volunteer board or your team at work will go near -Win an argument with your mother-in-law about who will be hosting Christmas dinner -Have the courage to send back a meal that isnt prepared the way youd ordered it -Confront a colleague who is shirking responsibility or taking credit for your work -Convince a salesperson to reduce a fee, waive a surcharge, or honor a store credit -Question your doctors course or treatment or request a second opinion, instead of simply going along in order to be a good patient -Firmly but politely bow out of an extravagant vacation to celebrate a friends birthday that you simply cant afford-without feeling guilty about it -And so much more. A must-listen for anyone who has ever felt taken advantage of by a friend or family member, unappreciated by a spouse or partner, or exploited by a vindictive neighbor or coworker, *Nice Girls Just Dont Get It* offers women the indispensable knowledge and skills to get the things they want, the respect theyve earned, and the success they deserve.

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