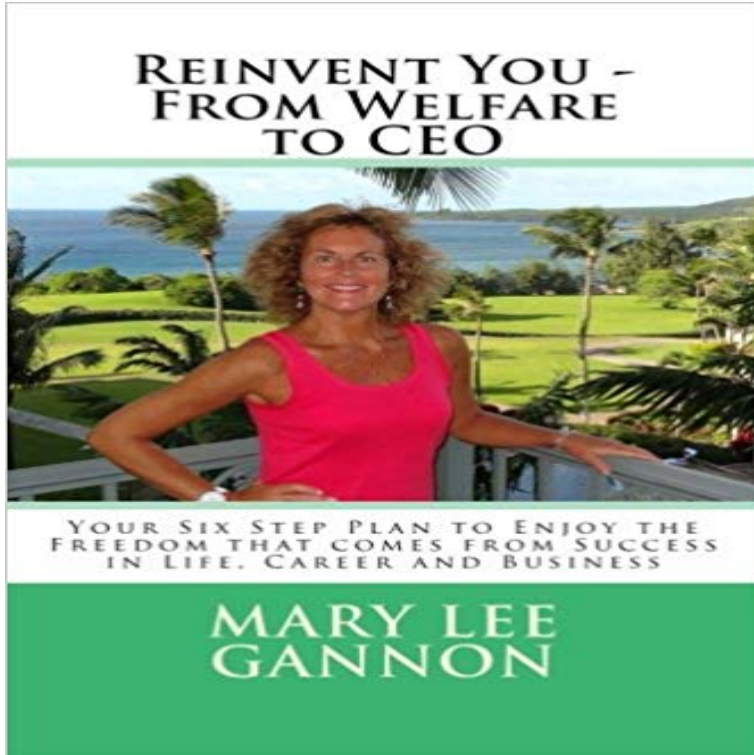


Reinvent You - From Welfare to CEO: Your Six Step Plan to Enjoy the Freedom that comes from Success in Life, Career and Business



This is not just a book. It is a plan - your plan. So grab a pencil! Most people from frontline workers to C-level executives will say their family and their career are what matters most to them. Yet they don't seem to have contentment or balance in their lives. Even though they have grown their business, department or family to a place where they feel pretty good about their lives they have lost some of the reward they had early on in their business, career or their relationships because they tried to wear all the hats even the ones they are not good at. What keeps them up at night is not having a vision or strategy to move their business, career or personal life to the next level over the ensuing three to five years. They see the future very much like the present +/- 10 percent and know what that has cost them in growth, income and life balance. This book will show you step by step how to align your values, strengths and purpose in a vision that will fulfill you beyond your current imagination. You will feel free to be vulnerable yet not weak. We're going to blow up your life as you know it and recreate. I had to reinvent my life in my mid-thirties when as a stay at home mother I filed for divorce from an unpalatable situation. I walked away from the country club life whereby my four children under age seven and I ended up homeless and on welfare, food stamps and medical assistance. Shortly thereafter with a background whereby I could earn roughly \$29,000 a year I applied the strategies in this book and became the CEO of three separate hospital foundations over the next 17 years with assets of up to \$26 million.

Every New Years Eve people set goals for the year: I will lose 10 pounds. I will grow sales by 20 percent. I will get a new job. I will launch a new division of my business. I will buy a new house. Over time most of those goals are not realized so you become conditioned to set lower reaching goals the next year: I will not swear. I'll create a new

sales strategy. I will call my parents once a week. I will stop drinking coffee. Then when you cant even stick with these lower bar goals you stop setting goals all together because in the back of your mind you believe that you will not be able to accomplish them anyway so whats the point. Stop right there. Of course you couldnt accomplish your goals. Would you go on a voyage to a place youve never been without a map? Would you take the time to read a map to a place you knew nothing about? Would you be interested at all in maps or travel if you didnt think you had the time, money or wherewithal to enjoy them? Of course not. I wrote this book because in my coaching practice I see more and more people from executives to those in life transition each year that believe they have set solid goals that in fact are simply notions that are not measurable or accountable. I will start a business is a notion. I will find the man of my dreams is a notion. I will take my family on a vacation is a notion. I will get a new job is a notion. What is the strategy to make these things happen? Many people have lost money, relationships, freedom, autonomy, jobs, businesses and more chasing one-dimensional notions. Or they didnt know exactly what to aspire to and wasted a lot of time and energy trying to figure it out. I have watched my clients apply the strategies in my system to achieve success and the fulfillment they seek. Youve probably spent enough time already realizing that the more of fantasy is never satiated. Its gluttonous. You will always need more more - more. With the tools in this book, you will be aligned with your purpose and have a plan, goals, metrics of accountability, life balance and results that will deliver fulfillment.

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