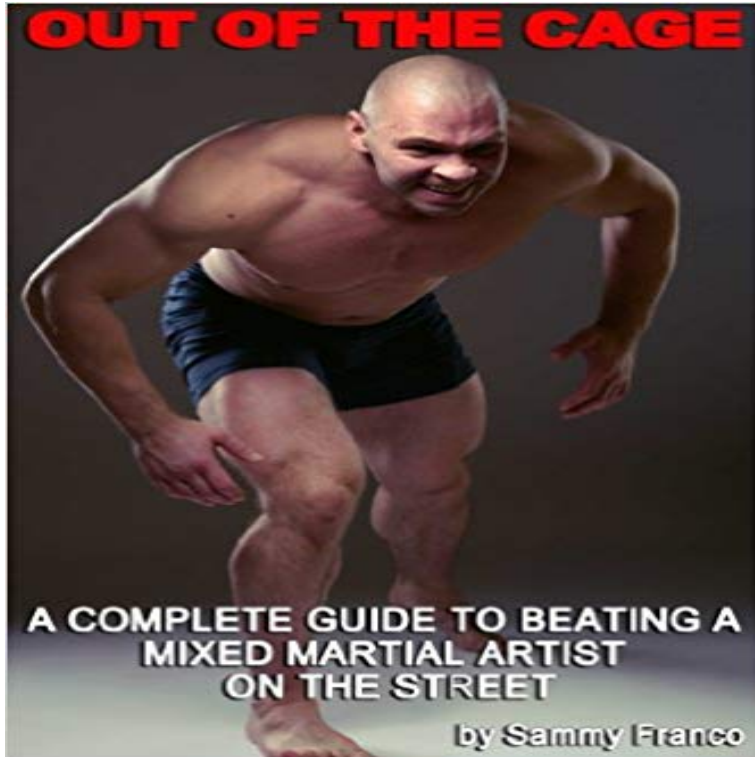


Out Of The Cage: A Complete Guide to Beating a Mixed Martial Artist on the Street



THE STREET IS THE ULTIMATE NO HOLDS BARRED FiGHTMixed martial arts is the new Karate of the twenty-first century. It seems like everyone is studying some form of mixed martial arts, and theres a very good chance that you might have to one day defend yourself against a mixed martial artist in a self-defense encounter.The good news is, you dont need to join a mixed martial arts school or become a cage fighter to learn how to defend yourself against a mixed martial artist. What you need are solid skills and combat proven techniques that can be applied under the stress of real world combat conditions.OUT OF THE CAGE - Takes You Inside the Mind of Your Opponent!In Out of the Cage, self-defense expert Sammy Franco teaches you everything you need to know about escaping, countering and defeating a mixed martial artist on the streets.Out of the Cage: A Complete Guide to Beating a Mixed Martial Artist on the Street also takes you inside the mind of the MMA fighter and reveals all of his weaknesses, tactics and techniques, allowing you to quickly exploit them to your advantage.LEARN ALL ABOUT:Exploring the mixed martial arts worldMixed martial arts vs. reality based self-defense trainingThe five primary MMA disciplinesDispelling mixed martial arts mythsMMAs biggest weapon in a fightMMAs probable method of attack in a street fightMMAs chink in the armorMMA limitations when street fightingUsing foul techniques to your advantageFighting in the clinchCountering takedowns in the streetGround fighting a mixed martial artistAnd much moreAS REAL AS IT GETS!Out of the Cage: A Complete Guide to Beating a Mixed Martial Artist on the Street is as real as it gets! This unique self-defense book is ideal for anyone, regardless of martial arts style or background, who wants practical and effective techniques to stop a mixed martial

artist opponent dead in his tracks!

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