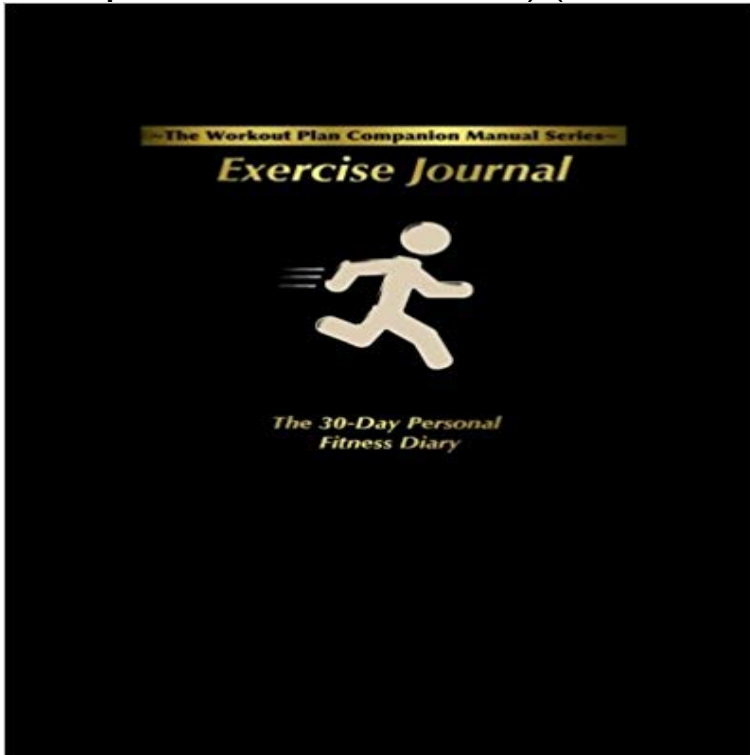


Exercise Journal: The 30-Day Personal Fitness Diary (The Workout Plan Companion Manual Series) (Volume 11)



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