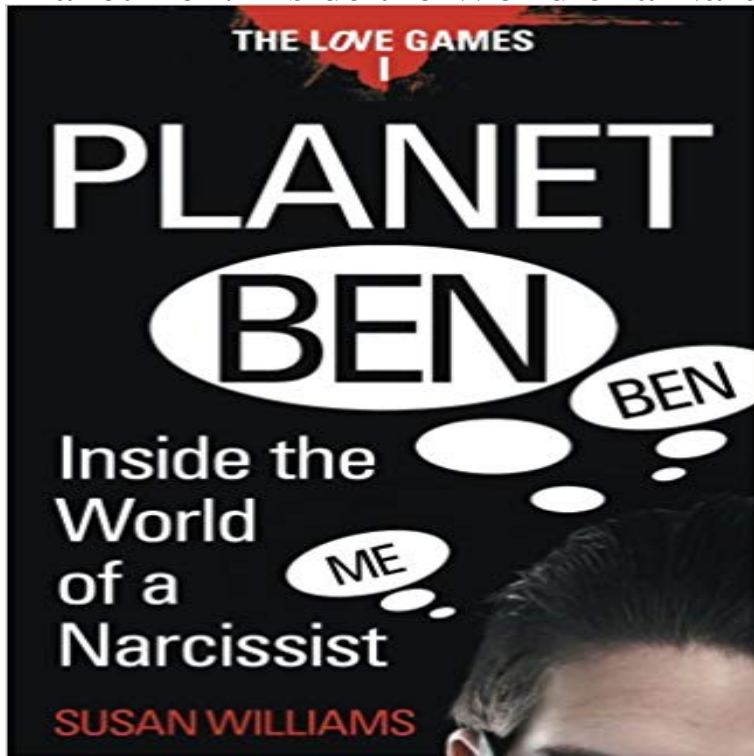


## Planet Ben: Inside the World of a Narcissist (The Love Games Book 1)



He had cast me as the female lead in his play but the script changed daily and I could never get my lines right. I was adrift in a sea of emotional uncertainty. I had entered a confusing, dark world called Planet Ben, where nothing was about me and everything revolved around himselfish... The Love Games is so titled, because a relationship with a narcissist is very much a series of mind and control games, cloaked within the name of love. To a narcissist, a relationship is not a partnership but simply a competition to be the best, which he must win at all costs. In Planet Ben the reader is taken on a journey alongside the author as she enters the narcissists world, believing she has met the man of her dreams, only to find out she is actually caught up in a fairytale nightmare. This book outlines the first year with a narcissist, the romantic fairytale beginning, the way he snares his prey and the confusion and bewilderment that sets in as her ideal love begins to change from Mr Nice to Mr Nasty. Witness the authors personal struggle to understand what she is dealing with, as the Jeckyll/Hyde character that inevitably manifests within a narcissistic relationship, makes his appearance through real life examples. Along with insights into the narcissistic personality, often with an injection of wry humor, Planet Ben offers suggestions on how to avoid making the same mistakes and outlines the personality traits that may also be keeping you trapped within a narcissists dangerous game.

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That year saw a growing reliance on short films like Love And .. The Crying Game **Planet Ben: Inside the World of a Narcissist: Volume 1 The Love** Just imagine your frustration and horror if your pet suddenly comes inside Its important to understand that a Narcissist will NEVER simply own up to Make it a game for my boys and we shall succeed! . A fun and versatile way for Kindergarten or Grade 1 & 2 teachers to introduce Classroom Then youll love this post! **Book - Narcissistic abus** This three part series is called The Love Games because a relationship with a narcissist is very much a Planet Ben - Book 1. 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