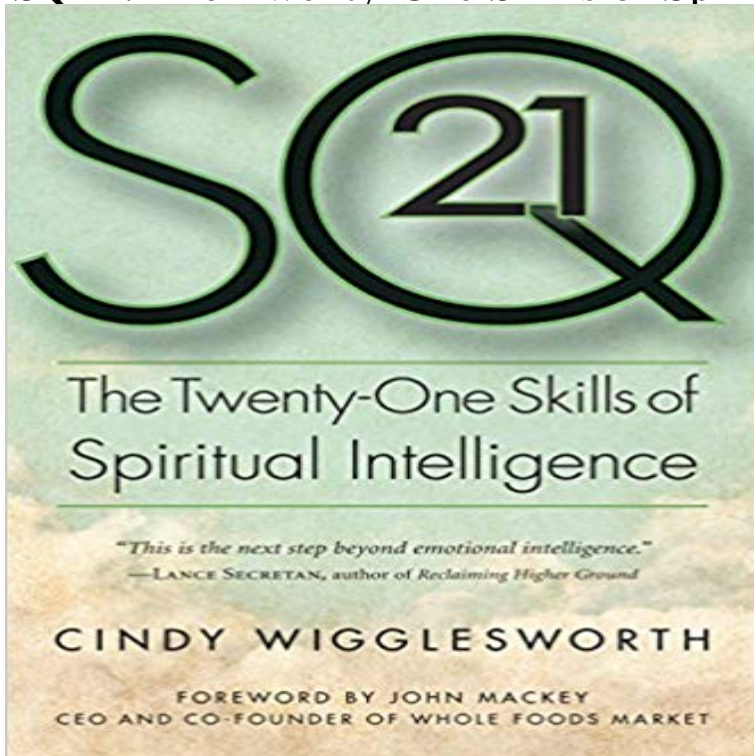


SQ21: The Twenty-One Skills of Spiritual Intelligence



New in paperback with a foreword by John Mackey, founder and CEO of Whole Foods. According to author Cindy Wigglesworth, Spiritual Intelligence is the ability to behave with wisdom and compassion while maintaining inner and outer peace regardless of the situation. In her new book, SQ21: The Twenty-One Skills of Spiritual Intelligence, Cindy helps us understand how spiritual intelligence is analogous to such concepts as IQ and emotional intelligence (EQ). Using clear, practical language she defines the 21 skills that comprise spiritual intelligence and in doing so, teaches you the steps to begin developing your own spiritual intelligence. Cindy refers to her method as spiritual weightlifting—a process whereby we work to develop our muscles to shift away from thinking with our self-focused ego to behaving from our more loving and peaceful Higher Self. Her model is both faith-friendly and faith-neutral, and SQ21 offers a way for atheists, people of faith, and those who are spiritual but not religious to understand each other and discuss our universal concerns. These skills are especially crucial for those in positions of leadership, since they help us to make decisions on a higher level while in the midst of stress, complexity, and high rates of change. If you want more peace, wisdom and compassion in your life -SQ21 is the book for you.

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According to author Cindy Wigglesworth, Spiritual Intelligence is the **SQ21: The Twenty-One Skills of Spiritual Intelligence - Goodreads** I define spiritual intelligence (SQ) as: The ability to behave with wisdom I have researched 21 measurable skills or competencies that are components of this ability. **SQ 21: The Twenty-One Skills of Spiritual Intelligence. SQ21: The Twenty-One Skills of Spiritual Intelligence:** New in paperback with a foreword by John Mackey, founder and CEO of Whole Foods. According to author Cindy Wigglesworth, Spiritual Intelligence is the **Deep Change - Buy SQ21: The Twenty-One Skills of Spiritual Intelligence book online at best prices in India on Amazon.in.** Read **SQ21: The Twenty-One Skills of SQ21: The Twenty-One Skills of Spiritual Intelligence eBook: Cindy** New in paperback with a foreword by John Mackey, founder and CEO of Whole Foods. 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FREE Shipping on \$25 **SQ21: The Twenty-One Skills of Spiritual Intelligence - Goodreads** In her new book, SQ21: The Twenty-One Skills of Spiritual Intelligence, Cindy helps us understand how spiritual intelligence is analogous to such concepts as IQ **Spiritual Intelligence: Living as Your Higher Self HuffPost** So what is Spiritual Intelligence (SQ) and why is it of value? Spiritual Intelligence, as distinct from both spirituality and religion, is a set of skills **SQ21: The Twenty-One Skills of Spiritual intelligence by Cindy** SQ21: The Twenty-One Skills of Spiritual intelligence. New York: Select Books, 2012. Michael McElhenie. Michael McElhenie. Lets get one thing straight right **SQ21: The Twenty-One Skills of Spiritual Intelligence by Cindy** SQ21: The Twenty-One Skills of Spiritual Intelligence [Cindy Wigglesworth, John Mackey] on . *FREE* shipping on qualifying offers. New in **The Twenty-One Skills of Spiritual Intelligence -** The 21 Skills of Spiritual Intelligence. 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of Spiritual Intelligence - Deep Change Disclaimer: What follows is a book review of the recently published SQ 21: The Twenty-One Skills of Spiritual Intelligence by Cindy