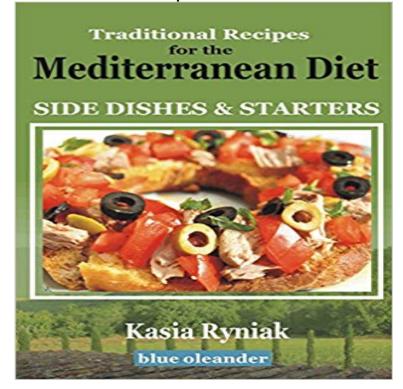
## Traditional Recipes for the Mediterranean Diet: Side dishes & starters



A delicious collection of traditional recipes from different regions of the Mediterranean. This part is dedicated to side dishes and starters suitable for the popular Mediterranean diet, including crostini, bruschette, salads and yeast based recipes like grissini, ficaccia, friselle, and gnocco fritto.

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