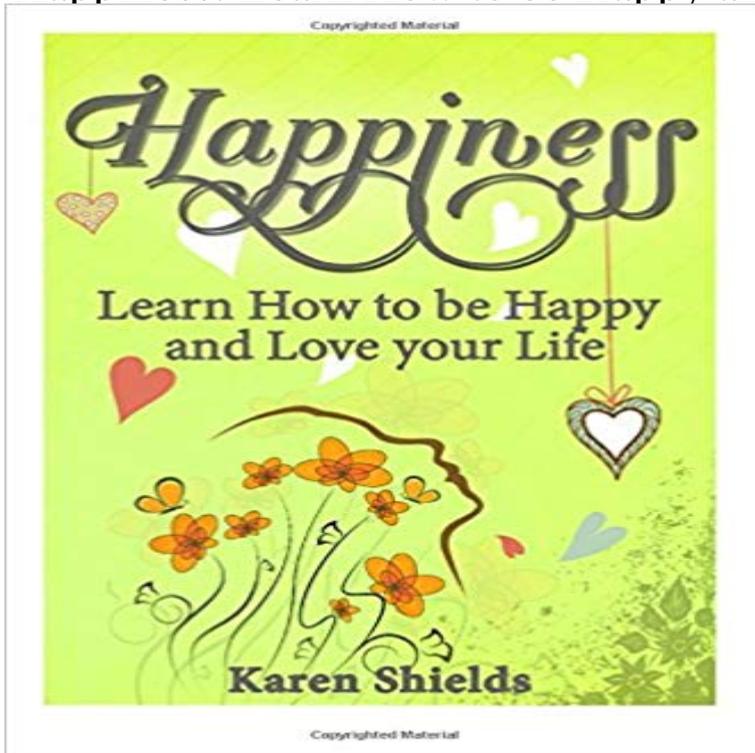


Happiness: Learn How to be Happy and Love your Life



Learn How to be Happy and Love your Life This book will hold your hand and help you learn to Love Yourself and then Love Life! Everybody wants to be happy. Others are blessed enough to have found happiness in their lives. Others thought they found happiness only to realize later on that they have been fooled. What they found was not really lasting happiness, but just a fleeting moment of bliss. Others are still searching while others are on the brink of giving up. Wherever you are at now in your pursuit of happiness, there is something for you in this book I wrote this book to share to you how I found happiness in my life. I have been all those people Ive described above. I was also in pursuit of happiness. And then, I thought I found it only to realize later on that Ive been duped. Then I began searching for it again. Ive looked in many places. Countless times, Ive fallen and made mistakes. There were times when I almost gave up thinking that if I am meant to be happy, happiness will find me. I almost became resigned to what I thought was my fate in life. However, something in me made me stand up and carry on and now, I am happy. This book was written for you to let you know that you are not alone in your pursuit of happiness. It will equip you with all that you need to be able to successfully find happiness. This book will help you define what happiness really is and it will give you tried and tested tips on how to be happy. I know that they will work because Ive tried them all. This book will also reveal to you secrets on how you can sustain a happy and loving life. And once youve finished reading this book, you will realize that happiness is not that elusive after all. Happiness can happen to YOU!

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