

What makes a good explorer? Adaptability, ambition, stamina, self-belief, doggedness, curiosity, optimism, authority, hardiness -- and fund-raising ability. A powerful punch of self-help, how-to, popular history, and humor. In this celebration of the glory days of exploration, Mick Conefrey takes a new look at the larger-than-life tales of many famous American and European adventurers. He pulls practical advice from their original diaries and logs stories of endurance and survival, such as Thor Heyerdahl's crossing of the Pacific in a raft and Robert Peary's heroic North Pole adventure. All expeditions are essentially projects that have to be managed. Teams have to be selected, equipped, and motivated. Goals have to be set and crises have to be overcome. For example -- some believed that it was always important to include in an expedition someone whom everyone else disliked because it would give focus to their complaints and help them bond. The book is chock full of useful information, such as what to do if you are attacked by an anaconda--you wait until it has swallowed you up to your knees and then you reach down and cut its head off. The instructions are very clear about not panicking in this situation. In addition to the wonderful characters and stories you will find many lessons on how to be an explorer and what it takes to set sail without a clear path home.

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