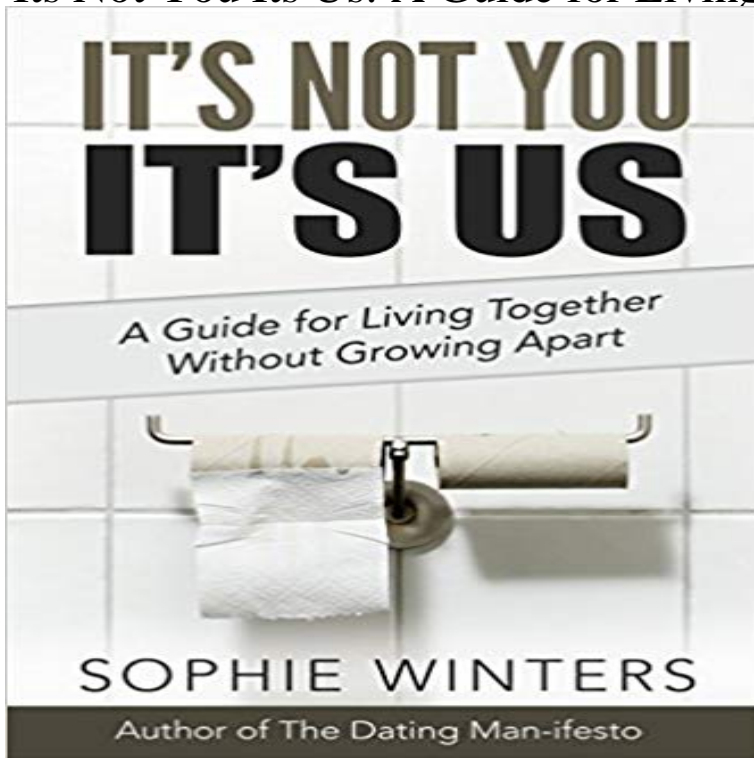


Its Not You Its Us: A Guide for Living Together without Growing Apart



Are You Ready for More Joy, Intimacy and Respect in Your Relationship? This powerful new relationship book helps couples get more love in their lives, starting with themselves. Its Not You, Its Us, A Guide For Living Together Without Growing Apart helps couples who are planning to move in together, are living together or married to be happier and more successful. It explores multiple topics like the legal differences between living together and being married, mixed faith unions, having kids, stepchildren and pets, sex and desire, division of labour, money, family issues, personal growth and happiness, emotional distance, privacy and personal space, communication, conflict, and other issues. Author Sophie Winters spent nearly two years researching and writing this guidebook. It draws real world examples from her own relationship, other couples, family therapists, a documentary filmmaker, and other authors and experts. This isn't your average relationship advice book: there are personal stories, examples, and exercises at the end of most chapters so you can immediately take action on what you've learned. Sophie even provides bonus materials for readers who want to take a deeper dive into a topic beyond the book. You will have a hard time finding another relationship book that covers so many topics, so powerfully and so personally. With warmth and wisdom, Sophie shares the lessons on what it takes to live together without growing apart. Early Feedback from Readers: I feel like I had a breakthrough in my own life and an understanding of myself. The tears just started flowing and I felt a huge release. I feel new. You offer words of advice in an encouraging and empowering manner, which is reassuring to anyone struggling with personal issues. From the stand point of someone who was in an emotionally abusive relationship I saw value in your writing. I think your words will help those

who are in similar situations. Thank you so much for sharing. Raw and real. Being widowed and now in a relatively new (4 years +) relationship complete with adult step-children and a step-grandson, separate homes and communities, and ex-wife, Ive done a lot of reading and lived a lot of what you are writing about. And you are really bang on on the communication advice. It is helping me shed some light on my relationship problems and what needs to be there to have a respectable, long-term relationship. I honestly cant express how much the chapter on communication connected to me and my experiences with relationships. ESPECIALLY my most recent break up. Too many people spend time developing their careers and putting effort in at the gym, but just let their relationship go on autopilot. Then they wonder what happened to the beautiful love they once had. This book will show you how to build and maintain a deeply satisfying relationship so that never happens. Order your copy now.

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