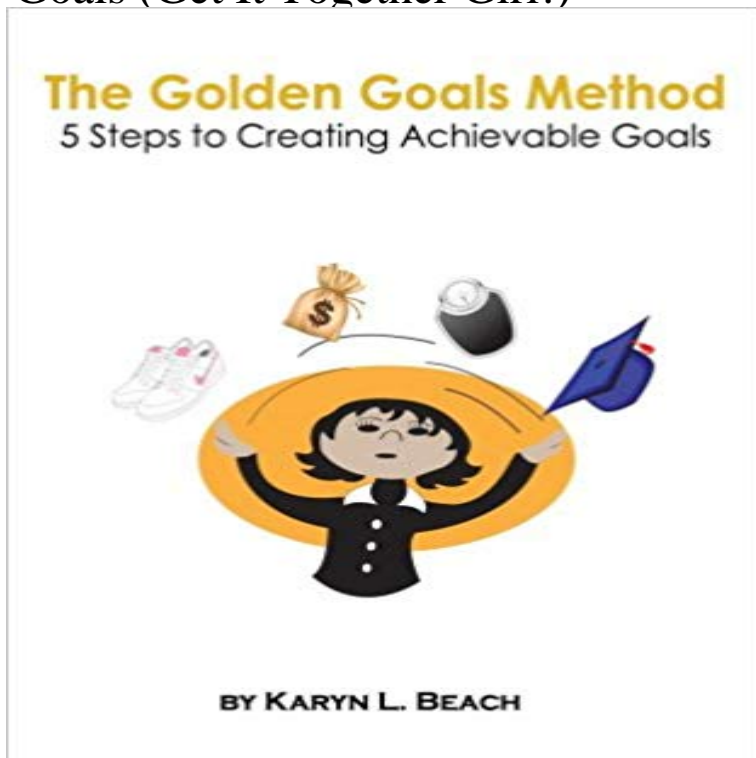


The Golden Goals Method: A 5-Step System to Creating Achievable Goals (Get It Together Girl!)



The Golden Goals Method walks you through a process that creates a set of irresistible goals. Goals that are authentic and unique to that are true to you. You'll look at your past successes and misses. You will step into your bright future and envision what your life could be like after an amazing year. You'll look at why some of your attempts to reach your goals have not succeeded and make some tough decisions. Finally, you will create a comprehensive and holistic plan to achieve your goals. And, it's a plan that goes much further than a detailed to-do list. Be sure to check out the Extra Stuff section at the end. There are Goal Assistants designed to help you succeed with six of the most common goals: new job, new relationship, weight loss, improving finances, smoking cessation and continuing education. If it's time to reach your goals, then it is time for the Golden Goals Method.

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