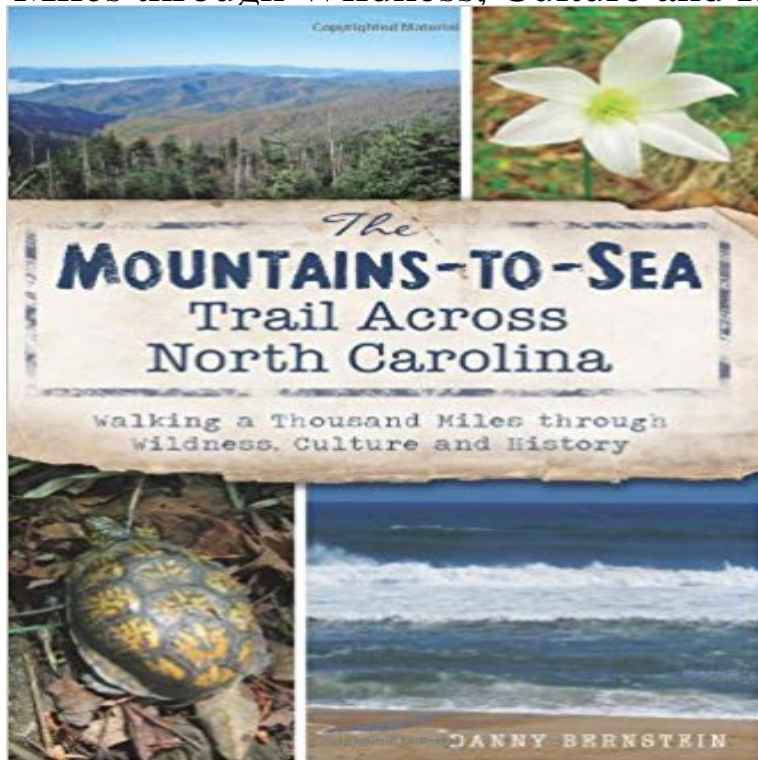


The Mountains-to-Sea Trail Across North Carolina: Walking a Thousand Miles through Wildness, Culture and History (Natural History)



The Mountains-to-Sea Trail shows off the most spectacular, historic and quirky elements of the North Carolina landscape. Stretching one thousand miles from Clingmans Dome in the Smokies to Jockeys Ridge State Park in the Outer Banks, the route takes in Fraser fir trees and pelicans, old grist and textile mills, working cotton and tobacco farms, Revolutionary War sites and two British cemeteries complete with Union Jacks. The trail is half on footpaths and half on back roads, offering experiences not only in nature but also in small towns, at historic monuments, in family cemeteries and in local shops. Author Danny Bernstein has taken it all in and shares her knowledge for those who might follow in her footsteps.

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