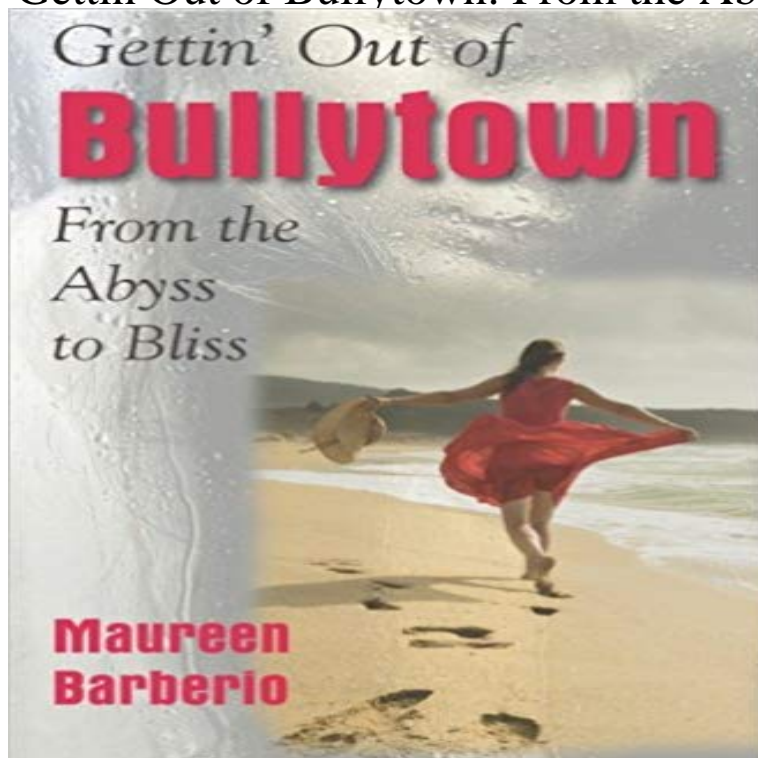


Gettin Out of Bullytown: From the Abyss to Bliss



Part memoir, part stand-up comedy, part how-to-break-the-cycle, Gettin Out of Bullytown is the true story of how soul-crushing bullying by family members impacted author, Maureen Barberio, and how she found her way out of the abyss to a life she once thought herself unworthy of. Balancing the pain and sadness is the hilarious perspective of her adult alter-ego, Velma, who has no filter and is so self-absorbed she thinks her tales of woe involving a thong injury and her inability to get a restraining order against traffic cops, are of greater importance. Gettin Out of Bullytown is a must-read for those who have been bullied, those who feel unworthy, or anyone in need of a good laugh and a new perspective on how to hold on when everything looks bleak. Forge your own journey to victory by discovering how to gain self-esteem, how to forgive, how to grow from every lousy thing that's ever happened to you. Leave your personal Bullytown and see your history and yourself with compassion, appreciation, and humor.

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